



Bulldog Elite Wrestling Club



"The Tradition Continues"

The Bulldog Elite Wrestling Club invites all PK thru 6th graders to take part in the fun and challenging sport of wrestling! Club participants develop fundamental skills of wrestling and sportsmanship that lead to success in youth, junior high and high school wrestling.

We will be running 2 seperate practices this year.

Beginners (Grades PK-1st) & Intermediate (2nd-6th)

We ask parents to wait out in the Atrium/Hall during practice to help with congestion this year.

Schedule: Practices start the week of Nov 17th. We encourage athletes that are playing basketball as well, to try to come to practices that they can before christmas and/or come to practices after basketball season is over.

Beginners
Mondays
5:45 - 6:45

Starting Nov 16th Until
Jan 18th

Intermediate
Tues & Thurs
5:45 - 7:00

Starting Nov 17th Until
AAU State (Feb 26)

If weather cancels school or Ogden has an early dismissal due to weather, there will NOT be practice. We will be using remind to send out announcements about practice. We may adjust practices if needed. Please sign up!

This a new Remind. Also follow us on facebook @ Ogden Elite Wrestling.

To receive messages via text, text @ogdenelite to 81010.

Club Cost: \$40 first child, \$70 family (checks payable to "Ogden Elite Wrestling"). Each wrestler will receive a free club t-shirt. We will also be doing an apparel form. Will be sending out info soon.

We will also be holding our youth tournament again this year: Kyler Kiner Memorial Youth Tournament (Jan 24)

Where: Ogden High School Wrestling Room (located behind the high school)

Contant: Jesse Sundell 515-450-8461 jesse.sundell@ogden.k12.ia.us

WRESTLERS NAME: _____ GRADE: _____

PARENT NAMES: _____ APPROX WEIGHT _____

PARENT EMAIL: _____

TELEPHONE #: _____

SESSION: BEGINNER ADVANCED

Wrestlers Free T-Shirt Size: Youth: Small Medium Large

Adult: Small Medium Large X Large